



Stanford UROLOGY NEWS

Volume 2, No. 1 July 2003

UROLOGY FACULTY

Linda D. Shortliffe, MD.
Professor & Chair

Endourology/Laparoscopy
Thomas H. S. Hsu, MD.
Harsharan S. Gill, MD.
Robert Kessler, MD.

Infertility
Robert Kessler, MD.
Stewart W. McCallum, MD.

Female/NeuroUrology
Christopher K. Payne, MD.
Director
Rodney U. Anderson, MD.

Pediatric Urology
Jennifer M. Abidun, MD.
William A. Kennedy III, MD.
Linda D. Shortliffe, MD.

UroOncology
Joseph C. Pesi, Jr., MD.
Director of GU Programs
Adult Clinic Chief
(*Urologic, Radiation, Med. Onc.*)
James D. Brooks, MD.
Harsharan S. Gill, MD.

Research
Donna Peshl, Ph.D.
Director, Urology Labs
Christos E. Constantinou, Ph.D.
Thomas A. Stamey, MD.
Zijie Sun, MD, Ph.D.

Palo Alto Veterans Affairs
Fuxi S. Freiha, MD.
Director
Stewart W. McCallum, MD.
Inder Perikash, MD.
Chief, Spinal Cord Service

Professor Emeritus
Duncan E. Govan, MD, Ph.D.

AFFILIATED FACULTY

Santa Clara Valley Med. Cntr.
Jeffrey H. Reese, MD.
Chief

Daniel Rosenstein, MD.
Raj Shingal, MD.

Pathology
John E. McNeal, MD.

31st Annual Symposium on Diseases of the Urinary Tract

March 13 & 14 -- The 2003 annual Stanford Symposium was a tremendous success. This year's program was meant to update urologists in several areas of urologic oncology including kidney, bladder, and prostate carcinoma, as well as minimally invasive therapies for benign prostatic hyperplasia. Innovations in infertility impotence and pediatric urology were also presented. The meeting was highlighted by two special speakers. Dr. Joseph Segura, Professor of Urology at the Mayo

Clinic and an expert in endourology, lectured on the topics of ureteroscopy and stone management. Dr. Eric Klein, Head of Urologic Oncology at the Glickman Urologic Institute of the Cleveland Clinic and an expert in prostate oncology, lectured on topics of prostate cancer treatment modalities including surgery versus radiation.

Mark your calendars for next years symposium scheduled for March 4-5, 2004 that will feature Drs. Alan Wein and Ralph Clayman .

Calder Reminisces on 25 Years in Urology Clinic

Fingers wrapped around a flimsy paper coffee cup, Chris Calder's eyes glaze slightly as he filters through the memories of 25 years. "The walls were yellow, and we only had six exam rooms," he recalls through the twenty year-old's eyes that first observed the Urologic Clinic in 1978. After three changes in location, a white coat of paint, an addition of seven exam rooms, and 25 years, Chris has a view of Stanford Urology that few can parallel. He started as one of the youngest of the urology staff and chuckles as he says he is now one of the oldest. The faculty has been a large part of what has made Chris love his job. Coming in at such a young age, he saw many of

the faculty members as "father-like figures." They helped him to grow and taught him life lessons, such as how to take constructive criticism. "One of the greatest difficulties of staying so long in the clinic has been watching the faculty leave. They take a bit of my heart with them when they go-- they are family." Chris also reflects on the difficulty in watching the faculty members grow as it causes him to question what he could have accomplished, through different choices, over the last 25 years. "Linda [Shortliffe] was a resident when I started, and I would never have guessed she would now be Chair of the

(Continued on page 2)

Message From the Chair



This June, we are blessed by a generous gift. Richard Lo has established the RK Lo Resident Research award of

\$1,000 to be given to the resident author of the best annual research paper accepted for publication. He has also promised additional funds for the next 10 years. With this award, he gives recognition to the importance of resident research within the department. As many of you know, Richard completed his residency at Stanford in 1976, and then pursued an oncology fellowship at MD Anderson Cancer Center in Houston, Texas. Richard was a Stanford faculty member before returning to Hong Kong to practice. During his recent visit from Hong Kong, Richard shared some sad tales of SARS. As we are thankful for a number of generous contributions this year, we will be devoting a portion of our fall newsletter to recognition of these.

We look forward to Dr. Zijie Sun joining our faculty in the fall. Dr. Sun investiates androgen receptors and has received national recognition for his work in this area. Before Stanford, he worked at the Dana Farber Cancer Institute in Boston.

Two of our faculty were awarded special NIH grants. Chris Payne was selected as an Interstitial Cystitis Study site

(Continued on page 4)

People in the News

Ayal Kaynan (Clinical Fellow in Spinal Cord Injury- Neurourology- Endourology 2000-2001) became the father of an 8 lb. 3oz. baby boy on January 4th, 2003 at 11:42pm. Congratulations to Ayal, Riva, Yoni, and Karen on the addition to their family.

...

Congratulations to **James Brooks** who was awarded the Luetje-Stubbs Scholars Award for 2003. The Luetje-Stubbs gift funds are awarded to the medical school to support outstanding junior faculty involved in medical research.

Mheir Doursounian won second prize for his clinical research entitled, "Determinants of Biochemical Failure After Radical Prostatectomy in Men With PSA Levels Less than 4ng/ml" at the 29th Annual Northern California Resident Research Competition. The Competition event was held in Tibouron, CA on April 12, 2003.

...

In September of 2002, **Simon McRae** became a father when his baby girl, Lucy, was born. Congratulations!

Christopher Payne and **Rodney Anderson** were each awarded NIH grants. Dr. Payne will be the PI for Stanford in the Interstitial Cystitis Clinical Research Network. Rodney Anderson will be the PI for Stanford in the Chronic Pelvic Pain Research Network. The two grants run for 5 years each and consist of about ten institutions that work together to develop and carry out clinical trials in these disorders. The first 6-8 months is a period of protocol development. Stanford is one of only 4 sites involved in both of these two groups.

Rosenstein to Join Urology Staff at SCVMC

Dr. Daniel Rosenstein will be joining the staff of the division of Urology at Santa Clara Valley Medical Center in July of 2003. He is originally from Montreal, Canada. He received his medical degree from McGill University in 1995 and completed his urology residency at McGill in 2000. In 2002, he completed an initial two year clinical fellowship in adult and pediatric reconstructive surgery at Eastern Virginia Medical School under the tutelage of Dr. Gerald H. Jordan. Dr.

completed a second fellowship (in June 2003) in Urologic Trauma and Reconstruction at the University of California, San Francisco under the supervision of Jack W. McAninch. During these two fellowships, Dr. Rosenstein authored and co-authored several textbook chapters and presented original clinical and basic science research both nationally and internationally. Dr. Rosenstein's main clinical interests include care of patients

with complex urethral stricture disease, trauma to the genitourinary tract, as well as patients suffering from erectile dysfunction or Peyronie's disease. Dr. Rosenstein is also interested in medical and surgical treatment of incontinence secondary to CNS trauma or disease. He hopes to assist the SCVMC Center for Spinal Cord Injury and Rehabilitation in providing comprehensive urologic care to their patient population.

CAULDER REMINISCES ON 25 YEARS IN UROLOGY CLINIC

(Continued from front page 1)

department." Although from the time he was ten he had dreams of a career as a physician, he has never regretted choosing to be a single father instead. "They say if you love your job you'll never work a day in your life, and that is how I feel." The best part of his job is knowing a difference has been made in a patient's life. "When a letter comes in from an infertility patient who thanks you for having enabled them to have a child, it makes you feel good." It is this love for patients that has led Chris to frequently taking on responsibilities outside of his job description, such as giving out his home phone number to patients and making sure those who are from out of town are given proper care. This extra effort has led to the establishment of personal friendships with patients who have come to depend on Chris for support. A ray of pride shines through as he reveals the relationships he has built over the course of 25 years with various hospital personnel, which allows him to aid patients in getting things done more quickly and conveniently. Chris notes that there have been many moments of laughter throughout his stay. When he was promoted, the hospital was without a title for him since he was not a registered nurse, thus for the next five years his name tag read "Miscellaneous Professional." "I probably spent more time explaining to patients what it meant to be a miscellaneous professional than what their treatments were going to be." He also recalls frantic phone calls inquiring as to whether he had prostate cancer after he assisted Dr. Presti on the filming of a commercial shown during Evening Magazine in which he played a patient with prostate cancer. It seems you have to have a sense of humor to work in the Urology Department.

Chris' advice to anyone who might work in the clinic would be to be ready to enter a family that like any other will both criticize you and support you out of love. He also notes the importance of learning to listen to patients. "Sometimes what a patient wants to say

(Continued on Page 4)

Department of Urology News

Blackhawk Urology Educational Event

September 24, 2002 -- Dr. Philip Pizzo, Dean of the Stanford School of Medicine, and several members of the Department of Urology faculty, attended an educational event and reception at the Blackhawk Museum in Danville, CA. The event was organized by Chris Lewis (Director of Development for the Wheelchair Foundation) with the Stanford Medical School and was sponsored by Kenneth Behring, Founder of the Wheelchair Foundation and Blackhawk Museum. The program featured Dr. Linda Shortliffe, who gave an overview of the field of urology and its various specialties to an audience of over 100 members of the general public. Dr. Joseph Presti provided an update on screening and testing for prostate cancer, and Dr. James Brooks presented an overview of preventive strategies and new approaches for diagnosing urologic malignancies. This event helped provide an update to the East Bay community on the ongoing important work at Stanford.

Dr Yeung Served as Visiting Pediatric Laparoscopic Urology Professor



February 10-14, 2003 -- Dr. CK Yeung, an internationally renowned pediatric urologic surgeon from Chinese University of Hong Kong, was invited by Dr. Linda Shortliffe, Stanford

Urology Chair, to visit the Urology Department. Dr. Yeung has had a special interest in pediatric laparoscopy. During the visit, he shared his extensive pediatric laparoscopic experience with the Urology faculty and residents through informal discussions and didactic lectures. Novel laparoscopic laboratory experiments were also conducted in the animal setting by Dr. Shortliffe, Dr. Yeung, and Dr. Thomas Hsu during this unique occasion.

Urology Hoe-Down at the Stanford Barn

February 15th, 2003 -- The Stanford Urology Department held their annual winter party at the California Cafe.



"Round up the usual suspects!"

Dr. Atala Served as Visiting Urology and Bio-X Professor

May 8 & 9, 2003 -- Dr. Anthony Atala, world renowned pediatric urologist from Harvard Medical School, was selected by the Bio-X Program as a visiting professor to Stanford University and the Urology Department after nomination by Dr. Shortliffe. Dr. Atala has performed extensive research in tissue engineering. During his visit, he shared his experience with the residents and faculty through instructive lectures and informal discussions. On May 9, Dr. Atala delivered the state-of-the-art lecture entitled, "Tissue Engineering, Stem Cells, and Cloning: Applications for Regenerative Medicine" as part of Stanford's Bio-X Seminars.

Dr. Hsu Invited to Speak at American College of Surgeons Meeting

May 17, 2003 -- The Northern California Chapter of Surgeons Annual Meeting was held at the Crown Plaza Hotel in San Francisco, CA. The focus of the urology session of the 2003 meeting was urologic laparoscopic surgery. Dr. Thomas Hsu, Assistant Professor of Urology and Director of Urologic Laparoscopic Surgery at Stanford, was invited to speak on the topic of Laparoscopic Energy-

based Renal Tumor Ablation in the session. The meeting was attended by a participative and inquisitive audience.

Welcome New Interns for 2003-2004

Tatum Tarin, M.D.

Born in Anaheim, California, Tarin graduated from the University of California, San Diego, and received his medical training from the University of Pittsburgh School of Medicine where he performed research on stem cell injection into the bladder. He is also a talented piano player and member of the Power Kick Academy where he participates in such activities as kickboxing, boxing, and grappling.

David Duong, Ph.D., M.D.

Born in Nashville Tennessee, David received his undergraduate degree from Yale University, and graduated from Vanderbilt University School of Medicine where he also received his PhD in Molecular Physiology and Biophysics. David played the violin in the Berkeley Chamber Players String Quartet and Tennessee All-State Orchestra. He is also a Second Degree Black Belt in Tae Kwon Do.

MESSAGE FROM THE CHAIR

(Continued from page 1)

investigator and Rodney Anderson as an NIH Prostatitis investigator. It is heartening to see that these two painful syndromes are receiving national attention in the form of NIH funding.

The Cancer Center is scheduled to open in a year. Although the details are still incomplete, the opening of the Cancer Center will mark the move of our GU cancer clinics into this new center. The building itself represents a major Stanford Medical Center commitment, and we are excited to be a part of this.

As our leader in minimally invasive surgery, Tom Hsu will be moving with the oncology group into the center. Tom has become an integral part of the oncology team. He has just described a new technique for laparoscopic radical nephrectomy for renal cell carcinoma with renal vein tumor thrombus extending to the vena cava (Urology 61 (6), 2003).

As the academic year 2003 draws to a close we bid farewell to our Chief Residents. Chris Chon leaves for a fellowship in laparoscopy at Cedars-Sinai in Los Angeles, and Frank Lai will practice in Mountain View. We are fortunate to have successfully recruited two interns who will replace Frank's fencing skills and Chris' karaoke voice with some different talents (p. 3). Have a wonderful summer!

CAULDER REMINISCES

(Continued from Page 3)

is not what comes out of their mouth, so you have to learn to read their body language, and to put yourself in their shoes. You have to let them know that nothing will happen to them under your watch." Although 25 years may seem like a long time to many, don't expect Chris to be going anywhere anytime soon. He expects to be around for at least another fifteen. Since, as he sees it, "being a physician's assistant would be the next best thing to being a physician," that is what he intends to work towards. One thing is for sure; it is pretty lucky to be a patient under Chris Calder's watch.



STANFORD
HOSPITAL & CLINICS

Stanford University Medical Center

900 Pasteur Drive
Stanford, CA 94303



Stanford Urology News is published for current and former faculty, residents, physicians, and employees.
Linda M. Dairiki Shortliffe, M.D., Editor
Professor and Chair
Stephanie Edelman, Managing Editor
Director, Finance and Administration,
Lindsay Shortliffe, Writer
(650)725-6495 - sedelman@stanford.edu